

# Trinity St Peter's Menu Foundation Stage

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Tomato & Vegetable Pasta Crispy Green Salad	Cottage Pie with Garden Peas & Sweetcorn	Roast Chicken & Gravy, baton carrots, roast potatoes	Beef Bolognese spaghetti & Garlic Bread	Fish Fingers Garden peas and sweetcorn Chipped potatoes
Option B	<b>V</b> Veggie Meatball Sub with tomato relish and Crispy Shredded Lettuce Potato wedges	<b>V</b> Veggie Sausage Toad in the Hole Garden Peas Creamy Mashed Potato	<b>V</b> Vegetable Lasagne Crispy Salad Crusty Bread	<b>V</b> Chunky Vegetable Curry with 50/50 rice Garlic Bread	<b>V</b> Cheese & Tomato Quiche Garden Peas & Sweetcorn ½ Jacket Potato
Deserts	Mini Orange biscuit with Fruit Slices	Fruity Flapjack	Chocolate sponge	Lemon drizzle cake	Frozen yoghurt
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	<b>V</b> Cooks Choice Pizza, Coleslaw, Mixed Salad, Wedges	Breaded Baked Chicken Baked Rice	Honey Glazed Gammon Cauliflower, Broccoli, Carrots & Gravy Roast Potatoes	Sausage Rolls Mash & Baked Beans	Fish Fingers Chipped Potatoes Mushy Peas
Option B	<b>V</b> Veggie Sweet and Sour Boiled Rice	<b>V</b> Herby Cheese & Potato Puff Pastry Turnover Baked Beans	<b>V</b> Sliced Quorn Fillet & Gravy Vegetable Medley Roast Potatoes	<b>V</b> Loaded Vegetable & Lentil Cottage Pie & Greens	<b>V</b> Roasted Vegetable Pesto Pasta Crispy Salad
Deserts	Shortbread Biscuit	Fairy Cake	Sponge cake	Marble Cake	Ice Cream Pot
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	<b>V</b> Quorn Bolognese Spaghetti Garlic Bread	Chicken Tikka Curry Boiled Rice Naan Bread	Roast Pork Sweetcorn & Green Beans Paprika Potatoes	The Big Breakfast (Sausage, Beans, Scrambled Egg, Hash Browns)	Fish Fingers, Garden Peas Chipped Potatoes
Option B	<b>V</b> Veggie Enchilada Crispy Salad Crusty Garlic Bread	<b>V</b> Meatballs in Gravy Garden Peas Mashed Potato	<b>V</b> Quorn Fillet & Gravy Seasonal Vegetables Roast Potatoes	<b>V</b> Cheese & Onion Quiche, Garden Peas, Hash Browns	<b>V</b> Tomato & Basil Pasta with Roasted Vegetables Crispy Salad/Tear bread
Deserts	Iced Muffin	Chocolate and banana brownie	Jam Sponge	Fruit Jelly and Ice-cream	Mini cookie
Available daily	Fresh 50/50 bread		Fresh Fruit Pots or yoghurts	Fresh fruit juice, semi skimmed milk or fresh water	