



Trinity St. Peter's Church of England Primary School

TSP Family Running Club



It's 2012, London's calling! It's time to get active!
TSP invites everyone to join our new running club.

Activities will include games, relays, sprinting, time-trials, warm-ups and stretches to develop endurance, strength, balance, agility and teamwork. Our main goal this year will be to run enough miles together to complete a virtual map to reach London in time for the Olympic Games!

The children will also be able to train for and take part in events outside of school.

The club will meet on Tuesdays at 3.15 - 4.15, starting on 21st February and will continue throughout the year. Children will need to bring P.E. kit, trainers and water.

This is your club so ideas for sessions and help to run them are needed from parents and carers. You may be able to commit to attending every week or come along when available. So please register your interest below and send ideas and questions to school via email, admin.trinitystpeters@schools.sefton.gov.uk.

Mrs D. Pringle
Acting Head Teacher

Mrs J. Mather
Club Organiser

Mr A. Deacon
PE Co-ordinator

Trinity St. Peters C.E. Primary School

My child would like to join the running club

Name _____ Year _____

I _____ would like to be involved in the running of the club and attend regularly. (parent(s)/carer(s))

I _____ would like to attend when available.
(parent(s)/ carer(s))

