Hearts and Crafts

Mrs Warwick



I learned to crochet when I was about 19 years old (you're never too old to learn something new!). My Mum taught me a simple stitch -treble stitch, that I could repeat row after row after row to create a 'Granny Blanket'

I've continued to crochet but have learned lots of new stitches and techniques over time. I have self taught since making Granny Blankets by using on line tutorials.

I use YouTube tutorials for most creations.

I mainly follow Bella Coco as her tutorials are very clearly explained.

I'd like to share with you some of my recent creations in support of our AMAZING Frontline Workers.





Sharing Hearts

I have seen so many different ideas to help people in these unusual circumstances, in particular whilst taking daily exercise. We have enjoyed counting the beautiful rainbows on our walks or spotting the different teddy bears in the windows. I thought I'd like to do something too so I've been making 'Sharing Hearts' to hang from the blossom tree that's in my front garden. I have attached a sign welcoming passers-by to take a pair so they can keep one for themselves and leave one with a loved one – friend or family – to show them they are thinking about them all the time, that they are still connected by invisible thread. If you would like to make your own, here is the link to the Bella Coco tutorial

https://www.youtube.com/watch?v=iKBCwSP03k4





Trinity St. Peter's Church of England Primary School where children shine Amigurumi Hearts. The word AMIGURUMI is a portmanteau of the Japanese words ami, meaning "crocheted or knitted", and nuigurumi, meaning "stuffed doll

On the road that I live is a support group. We check on each other, ask if we can help anyone or if anyone needs anything. One lady works at Aintree Hospital. She suggested that the hearts could be made to help the patients and their family to think of each other as they are unable to have visitors. I checked out a different tutorial for an alternative style. These are quite tricky to do so will take some practice. These items should be packaged in a sealed bag and dated. They can be posted to:

Volunteer Department, Aintree House, Aintree Hospital, Liverpool L9 7AL

Bella Coco Tutorial:

<u> https://www.youtube.com/watch?v=qIWoBnh-NZY</u>



As you know I like to run a little. I'm a member of a few running groups in Formby, Ainsdale and Southport and within these groups are lots of healthcare workers. Nurses, Doctors, Anaesthetists, Assistants etc. All of whom are wearing face masks to help to protect them, every day. The masks mostly have elastic bands that go around their ears but unfortunately these bands are uncomfortable and are causing discomfort and soreness. I had read about these 'Ear Savers' and thought I'd have a go at making them. I shared with the groups that I'd made these and were available for free to anyone that would benefit from them. I had lots of people asking for them and they were so successful that I've been asked to make more, which is great! They are currently being used in a care home in Ainsdale, Liverpool Women's Hospital, Dialysis Dept@ Wigan Hospital and Southport Hospital too. Here's the tutorial if you'd like to have a go...





Getting Started

You will need: Crochet hook (size 4), Wool of any colour, a yarn needle, Buttons (min 2cm), Stuffing (this could be from a spare pillow)















"Thank you so much! The ear savers provided instant relief..."

Just one of the lovely messages from a fellow runner who works at Liverpool Women's hospital.

I'd love to know if you have a go at crocheting any of these items. Send us a photo of your amazing creations!

How To Chain How To Single Crochet (double crochet in UK) **How To Slip Stitch How To Half Double Crochet** (half treble in UK) **How To Double Crochet** (treble in UK) **How To Treble Crochet** (double treble in UK) ada

Single Crochet Decrease



Reference

US Term (abbreviation)	UK Term (abbreviation)
US and UK Crochet Stitch Terms from doradoes.co.uk	
Chain (ch)	Chain (ch)
Single Crochet (sc)	Double Crochet (dc)
Half Double Crochet (hdc)	Half treble (htr)
Double Crochet (dc)	Treble (tr)
Treble Crochet (tr)	Double Treble (dtr)
Slip Stitch (ss)	Slip Stitch (ss)

