

3



star jumps

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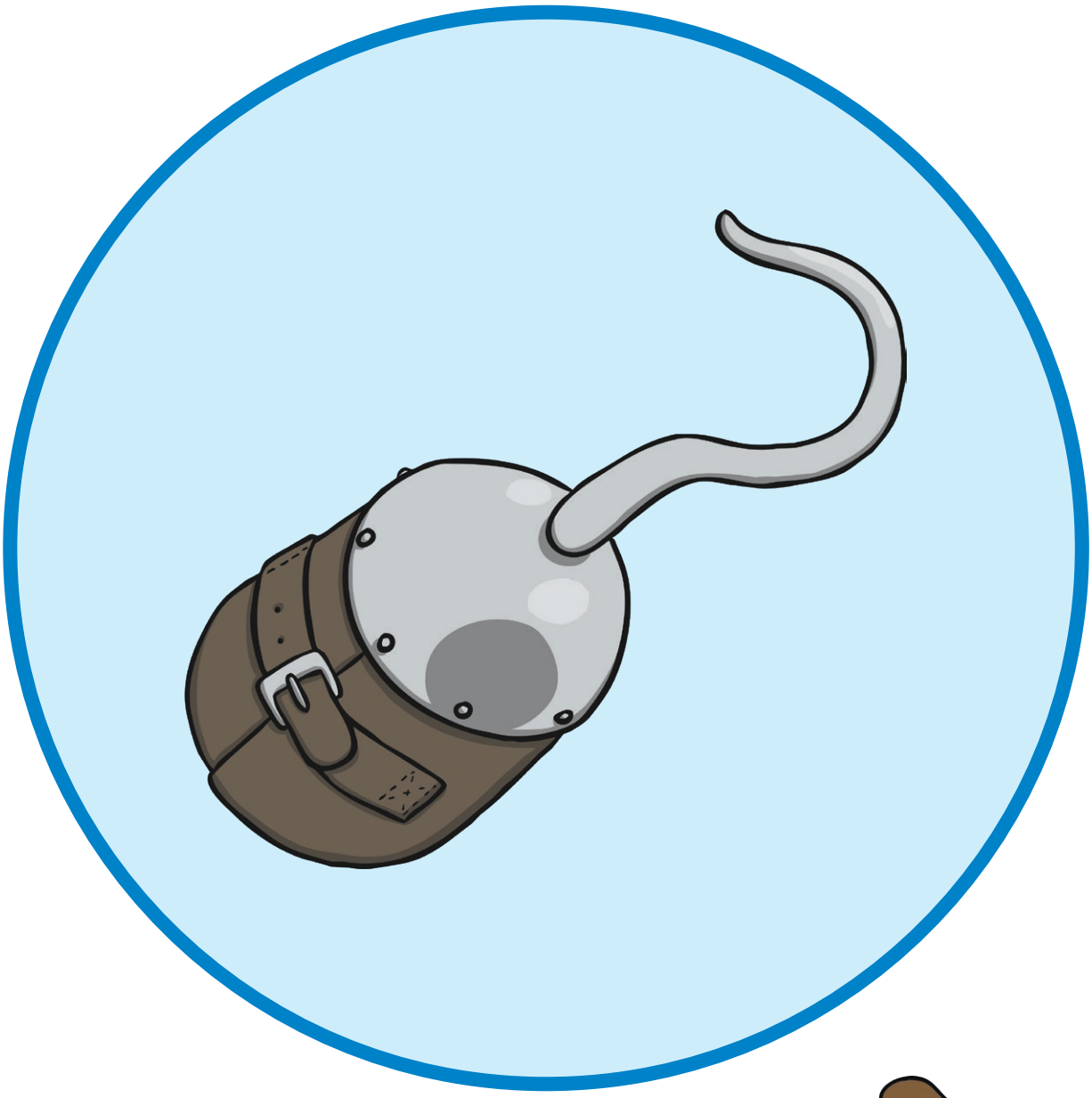


5



claps

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6



jumps

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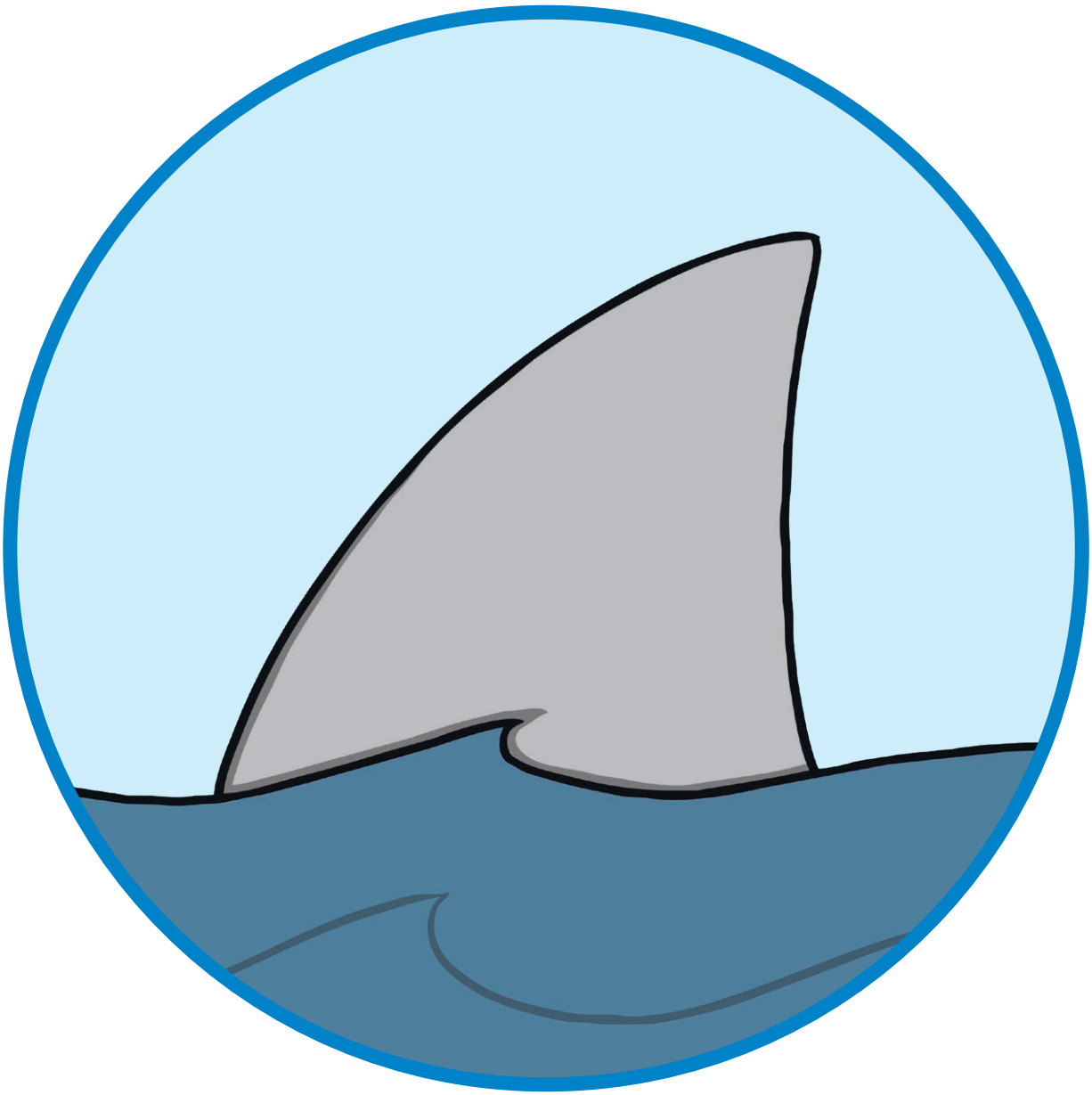


2



arm stretches

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7



squats

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4



toe touches

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