

# Trinity St Peter's Menu Foundation Stage

| WEEK 1          | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|-----------------|---|--|--|--|---|
| Option A        | Tomato & Vegetable Pasta<br>Crispy Green Salad  | Cottage Pie with Garden Peas & Sweetcorn                                 | Roast Chicken & Gravy,<br>baton carrots, roast potatoes                      | Beef Bolognese spaghetti & Garlic Bread                        | Fish Fingers<br>Garden peas and sweetcorn<br>Chipped potatoes             |
| Option B        | V Veggie Meatball Sub with tomato relish and Crispy Shredded Lettuce<br>Potato wedges | V Veggie Sausage Toad in the Hole<br>Garden Peas<br>Creamy Mashed Potato | V Vegetable Lasagne<br>Crispy Salad<br>Crusty Bread                          | V Chunky Vegetable Curry with 50/50 rice<br>Garlic Bread       | V Cheese & Tomato Quiche<br>Garden Peas & Sweetcorn<br>½ Jacket Potato    |
| Deserts         | Mini Orange biscuit with Fruit Slices   | Fruity Flapjack  | Chocolate sponge   | Lemon drizzle cake   | Frozen yoghurt  |
| WEEK 2          | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
| Option A        | V Cooks Choice Pizza, Coleslaw, Mixed Salad, Wedges                                   | Breaded Baked Chicken<br>Baked Rice                                      | Honey Glazed Gammon<br>Cauliflower, Broccoli, Carrots & Gravy Roast Potatoes | Sausage Rolls<br>Mash & Baked Beans                            | Fish Fingers<br>Chipped Potatoes<br>Mushy Peas                            |
| Option B        | V Veggie Sweet and Sour<br>Boiled Rice  | V Herby Cheese & Potato Puff Pastry<br>Turnover<br>Baked Beans           | V Sliced Quorn Fillet & Gravy<br>Vegetable Medley<br>Roast Potatoes          | V Loaded Vegetable & Lentil Cottage Pie & Greens               | V Roasted Vegetable Pesto Pasta<br>Crispy Salad                           |
| Deserts         | Shortbread Biscuit  | Fairy Cake   | Sponge cake  | Marble Cake  | Ice Cream Pot   |
| WEEK 3          | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
| Option A        | V Quorn Bolognese<br>Spaghetti<br>Garlic Bread  | Chicken Tikka Curry<br>Boiled Rice<br>Naan Bread                         | Roast Pork<br>Sweetcorn & Green Beans<br>Paprika Potatoes                    | The Big Breakfast (Sausage, Beans, Scrambled Egg, Hash Browns) | Fish Fingers,<br>Garden Peas<br>Chipped Potatoes                          |
| Option B        | V Veggie Enchilada<br>Crispy Salad<br>Crusty Garlic Bread                             | V Meatballs in Gravy<br>Garden Peas<br>Mashed Potato                     | V Quorn Fillet & Gravy<br>Seasonal Vegetables<br>Roast Potatoes              | V Cheese & Onion Quiche, Garden Peas, Hash Browns              | V Tomato & Basil Pasta with Roasted Vegetables<br>Crispy Salad/Tear bread |
| Deserts         | Iced Muffin   | Chocolate and banana brownie   | Jam Sponge   | Fruit Jelly and Ice-cream                                      | Mini cookie   |
| Available daily | Fresh 50/50 bread   |  | Fresh Fruit Pots or yoghurts   |  | Fresh fruit juice, semi skimmed milk or fresh water                       |