

# Trinity St Peter's Menu Foundation Stage

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Baked Chicken with Sunshine Vegetable Rice	Big Breakfast	Roast Chicken, carrots, peas and roast potatoes	Beef Lasagne & Garlic Bread with Side Salad	Fishy Friday Garden peas and sweetcorn Chipped potatoes
Option B	V Mac & Cheese with Mixed Green Salad	V Tomato Pasta	V Quorn & Bean Chilli with Boiled Rice	V Sweet Potato & Chickpea Curry, Vegetable Rice	V Broccoli & Cauli Cheesy Pasta Bake
Deserts	Shortbread biscuit	Oat, Apple & Honey Slice	Fruit Jelly & Cream	Fruit Sponge & Custard	Homemade Mini biscuit & Fresh Fruit Slice
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	V Cooks Choice Pizza, Coleslaw, Mixed Salad, Wedges	Oven Baked Sausage, Mashed Potato & Garden Peas	Honey Glazed Gammon Cauliflower, Broccoli, Carrots & Gravy with Paprika Roast Potatoes	Chicken Korma Curry with 50/50 Rice Naan Bread	Fishy Friday Chipped Potatoes Mushy Peas
Option B	V Tomato, Basil & Roasted Vegetable Pasta with Crispy Salad	V Veggie Curry with Rice & Naan Bread	V Vegetable Tray Bake, Crispy Green Salad	V Cheese & Potato Puff Baked Beans	V Veggie Fajitas with Mixed Salad, Chipped Potatoes
Deserts	Peach & Pineapple Flapjack	Chocolate & Banana Brownie	Jam Sponge & Custard	Ice Cream Pot	Lemon Drizzle Cake
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	V Sausage & Tomato Pasta with Mixed Salad	Chicken Tikka Curry Boiled Rice Naan Bread	Roast Turkey & Gravy Sweetcorn & Green Beans Paprika Potatoes	Chicken & Vegetable Pasta with Herby Bread	Fishy Friday Garden Peas & Sweetcorn Chipped Potatoes
Option B	V Veggie Cottage Pie & Greens	V Pizza Pockets with Salad Sticks, Potato wedges	V Quorn Bolognese with Pasta and Onion Bread, Seasonal Vegetables & Roast Potatoes	V Cheese & Onion Frittata with Jacket Potato and Salad	V Bean & Cheese Quesadilla with Crispy Mixed Salad & Chipped Potatoes
Deserts	Fruit Oat Cookie	Vanilla Cup Cake	Marble Cake	Frozen Yoghurt Pot	Fruit Cookie
Available daily	Fresh 50/50 bread		Fresh Fruit Pots or yoghurts	Fresh fruit juice, semi skimmed milk or fresh water	