

Sefton Catering Services - Primary Menu April 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Pizza or Pasta Bonanza Choose from a selection of toppings, salad sticks & sweetcorn plus Wedges</p> <p>✓ Veggie Pizza or Pasta served with salad sticks or sweetcorn plus half jacket potato</p> <p>Homemade cookie with fruit slices</p>	<p>Sausage, Baked Beans Mashed Potatoes</p> <p>✓ Sweet Chilli Veg & Quorn strips With rice</p> <p>Apple turnover with cream</p>	<p>Roast Chicken & Gravy Seasonal Vegetables Roast Potatoes</p> <p>✓ Quorn & Vegetable Tray Bake Couscous</p> <p>Carrot, Courgette & Orange Slice</p>	<p>Spaghetti Bolognese Garlic Bread</p> <p>✓ Sweet Potato & Chickpea Curry 50/50 Rice</p> <p>Jam or Syrup Sponge with Custard</p>	<p>Jumbo Fish Fingers, peas (garden or mushy) Chipped Potatoes</p> <p>✓ Selection of Wraps with salad sticks & baked wedges</p> <p>Frozen Yoghurt or Fresh Fruit</p>
Week 2	<p>Chicken Tikka with 50/50 Rice Baked Naan bread</p> <p>✓ Cheese, Lentil & Courgette Quiche, mixed salad & half-baked Potato</p> <p>Chocolate & Banana Brownie</p>	<p>Cottage Pie with Carrots & Broccoli</p> <p>✓ Veggie Meatball Marinara Baguette with Slaw & Oven Baked Potato Wedges</p> <p>Mini Cookie with Fruit Slices</p>	<p>Honey Glazed Gammon Cauliflower, Broccoli, Carrots & Gravy with Paprika Roast Potatoes</p> <p>Filled Potato Skins Cheese & Ham</p> <p>✓ Cheese with Beans</p> <p>Mandarin Cheesecake</p>	<p>Homemade Chicken & Veg Pie, Peas, Carrots & Gravy, Mashed Potato</p> <p>✓ Veggie Sausage & Tomato Pasta Bake With Crusty Bread</p> <p>Rice Pudding with Peaches or Sultanas</p>	<p>Fish with Chipped Potatoes Salad Sticks</p> <p>✓ Vegetable Egg Fried Rice 50/50 Rice</p> <p>Jam & Cream Scones</p>
Week 3	<p>✓ Home Made Cheese & Potato Puff Pastry Parcels Baked Beans</p> <p>BBQ Chicken Breast with Corn on the Cob Noodles</p> <p>Fruit Muffin</p>	<p>Braised beef with Pasta (LACA Award winning dish) Mixed Salad</p> <p>✓ Vegetable Korma with 50/50 Rice & Naan bread</p> <p>Fruit Jelly & Cream</p>	<p>Roast Turkey Seasonal Vegetables Roast Potatoes & Gravy</p> <p>✓ Quorn Fillet Seasonal Vegetables Roast Potatoes & Gravy</p> <p>Shortbread Finger & Fruit Slices</p>	<p>Meatballs in Gravy with Carrots & Cabbage Mashed Potato</p> <p>✓ Vegetable Lasagne with Mixed Salad & Crusty Bread</p> <p>Oat & Apple Slice with Custard or Cream</p>	<p>Battered Fish Peas & Sweetcorn Chipped Potatoes</p> <p>✓ Veggie Sausage Roll Baked Beans & Hash Browns</p> <p>Peach & Pineapple Flapjack</p>
Available Daily	<p>Jacket potatoes with various fillings</p> <p>Freshly made sandwiches, wraps or filled rolls</p> <p>Fresh wholemeal bread</p> <p>Fruit or yoghurts</p> <p>Fresh fruit juice, semi skimmed milk or fresh water</p> <p>Deli bar or salad bar (where available)</p>				

Trinity St Peters Nursery

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	<p>Homemade Margherita Pizza Potato Wedges & Veg Sticks</p> <p>Homemade Cookie with Fruit Slices</p>	<p>Sausage, Mashed Potato, Vegetables or Baked Beans</p> <p>Apple Turnover</p>	<p>Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy</p> <p>Carrot, Courgette & Orange Slice</p>	<p>Spaghetti Bolognese & Garlic Bread</p> <p>Jam Sponge with Custard</p>	<p>Fishy Friday Chips & Beans or Peas</p> <p>Frozen Yoghurt</p>
Week Two	<p>Chicken Tikka, Rice & Naan Bread</p> <p>Chocolate & Banana Brownie</p>	<p>Cottage Pie & Veg</p> <p>Mini Cookie with Fruit Slices</p>	<p>Honey Roast Gammon, Roast Potatoes, Veg of the Day, & Gravy</p> <p>Mandarin Cheesecake</p>	<p>Chicken & Veg Pie with Veg & mash</p> <p>Rice Pudding & peaches</p>	<p>Fishy Friday Chips & Beans or Peas</p> <p>Jam & Cream Scones</p>
Week Three	<p>Roast Chicken Breast, Veg, Mash & Gravy</p> <p>Fruit Muffin</p>	<p>Braised Beef Pasta & Veg</p> <p>Fruit & Jelly</p>	<p>Roast Turkey, Roast Potatoes, Veg & Gravy</p> <p>Shortbread Finger & Fruit Slices</p>	<p>Meatballs in Gravy, Veg & Mash</p> <p>Oat & Apple Slice with Custard / Cream</p>	<p>Fishy Friday With Chips Peas & Sweetcorn</p> <p>Peach & Pineapple Flapjack</p>